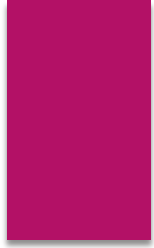




Our Power as CCLHDN: A Nutritionist's Role in Reviewing Bills for CCLHO

LAURIE SOMERHAUSEN, MS, RD



CCLHO and CCLHDN

- ▶ The mission of CCLHO is to assure the conditions that support optimal health and wellness for all people in CA.
- ▶ The mission of CCLHDN is to build leadership capacity among local health department nutritionists to influence nutrition funding and programs at the local and state levels and serve in an advisory capacity to CCLHO.

CCLHDN Policy Priorities

- ▶ Healthy food systems and access
- ▶ Disease prevention and treatment
- ▶ Lifecycle nutrition



CCLHO Policy Platform

- ▶ Foundational Public Health Services Model
- ▶ Foundational Capabilities
- ▶ Foundational Areas



Chronic Disease and Injury Prevention

- ▶ Support the taxation of tobacco, cannabis, alcohol, and sugar-sweetened beverages and the designation of resulting revenue for health-promoting initiatives at both state and local levels.
- ▶ Support state and local laws that limit density of tobacco, alcohol, and fast food outlets and promote accessible healthy food options and active lifestyles.
- ▶ Support policies and strategies to address food and housing insecurity.

Environmental Health

- ▶ Support collaborative efforts to promote healthy and affordable food choices in homes, schools, and restaurants.
- ▶ Support policies that reduce food waste and food insecurity such as “gleaning,” sales of “ugly” produce, making restaurant food available for donation, and food security interventions to make healthy food available to all.
- ▶ Discourage use of plastic bottles for drinking water and encourage consumption of tap water.

Maternal and Child Health

- ▶ Support policies and practices that promote breastfeeding, parenting skill development, early education, and family-work balance.
- ▶ Nutrition services that provide nutritious, affordable, and appealing meals and snacks in an environment that promotes healthy eating behaviors.
- ▶ Ready access to clean tap water for drinking; no school-provided sugar-sweetened beverages; no on-campus marketing of unhealthy foods or beverages.



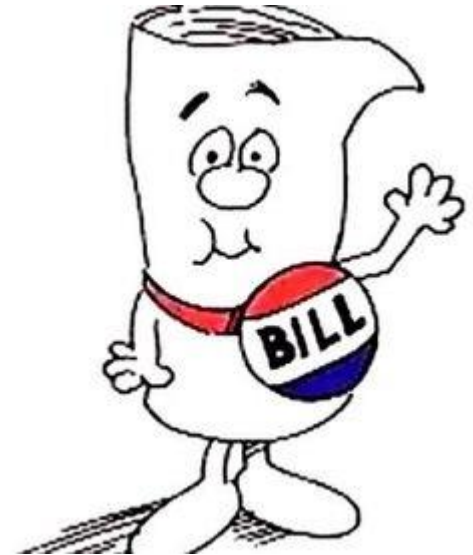
If you don't have a
seat at the table,
bring your own chair.

@MidyAponte

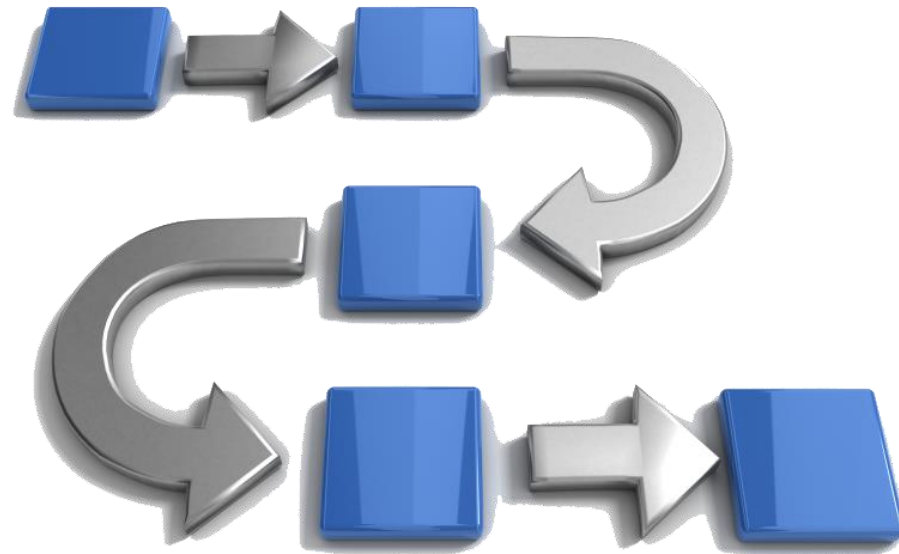
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Bills

- ▶ SB 138 (McGuire) School Meal Programs
- ▶ SB 300 (Monning) Warning Labels on Sugary Drinks
- ▶ SB 250 (Hertzberg) Fair Treatment of Hungry Children
- ▶ AB 164 (Arambula) Food Assistance
- ▶ AB 274 (Garcia) Snack Food Tax
- ▶ AB 841 (Weber) Food advertising in schools
- ▶ AB 1219 (Eggman) Food Donations (EH)
- ▶ SB 557 (Hernandez) School Food Donations (EH)



Process



Get involved

- ▶ Get educated on the issues
- ▶ Join the policy committee
 - ▶ Niaomi Hrepich-Chair
 - ▶ Ashley Rosales
 - ▶ Fatinah Darwish
 - ▶ Kyle Fliflet
 - ▶ Laura McEwen
- ▶ Talk with your Health Officer about the bills
- ▶ Be an active constituent



Questions?



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