## REDUCING CONSUMPTION OF SUGAR SWEETENED BEVERAGES (SSB) and PROMOTING HEALTHY DRINKS COMPENDIUM OF BEST AND PROMISING PRACTICES AND TOOLS

# Compendium Framework for Healthy Beverage Promotion & Reduction of Sugar-Sweetened Beverage Consumption: Programs, Strategies and Tools Introduction

**PURPOSE:** This compendium will assist Local Health Departments (LHDs) identify resources, tools and programs in chronic disease and obesity prevention specifically related to promoting healthy beverages and reducing the consumption of sugar-sweetened beverages (SSBs). The goal is that this compendium will facilitate peer learning and exchanges among LHDs at all levels of implementation.

ORGANIZATION: The document categorizes information into five broad strategies. Within each main strategy are subsets, grouped by colored tabs. These strategies align with the Spectrum of Prevention plus an additional entry for research. Each strategy includes a continuum of approaches that range from individual and community education to organizational and policy change. Each strategy area is then sub-divided by tabs containing resources for activities within that strategy. For example, the pink tabs contain information on the following Educational Strategies: Educational Materials (A); Public Health Campaigns (B) and Assessments (C). Within each tab, the resources are organized starting with those efforts that are "easiest to implement" for the LHD to those that are likely to be "most difficult". Where information is available, the first section of each tab lists research articles that examine the impact on health and the environment that have resulted from implementation of the proposed strategies. The final tab contains recent research articles documenting the scope and impact of the public health issues related to SSB, including recent research into the impact of marketing on children.

AUTHORS AND FUNDING SUPPORT: The compendium has been produced by the CCLHO-CHEAC Chronic Disease Prevention Leadership Project with partial funding by the California Department of Public Health's (CDPH) Nutrition Education Obesity Prevention Branch (NEOPB) with funding from USDA SNAP, known in California as CalFresh, the Centers for Disease Control and Prevention, and in-kind contributions from several local health departments. CDPH and the USDA are equal opportunity providers and employers. CalFresh provides assistance to low-income households and can help buy nutritious foods for better health. For CalFresh information, call 1-877-847-3663. For important nutrition information, visit www.cachampionsforchange.net.

Note: Not all of the resources in this SSB compendium are SNAP-Ed allowable. The contents of this publication are solely the responsibility of the authors and do not necessarily represent the official views of NEOPB and the USDA SNAP-Ed program.

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AN IMPORTANT NOTE: This compendium is presented for informational purposes only and does not reflect established policy or guidance issued by USDA or its grantees. Per the Federal Anti-Lobbying Act, 18 U.S.C. § 1913

Portions of this Compendium are not endorsed by USDA and NEOPB due to possible disparaging content of specific manufacturers, brands, or commodities and are not appropriate for SNAP-Ed.

This material was produced by the California Department of Public Health's Nutrition Education and Obesity Prevention Branch with particial funding from USDA SNAP-Ed, known in California as CalFresh. These institutions are equal opportunity providers and employers. CalFresh provides assistance to low-income households and can help buy nutritious food for better health. For CalFresh information, call 1-877-847-3663. For important nutrition information, visit www.CaChampionsForChange.net.

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Links to Tools, Programs, Examples	Jurisdictions Involved	Summary of Program, Tool or Resource	Contact Person	Contact Phone	Contact email	Special Information, e.g., offers consultation and technical assistance				
Outreach & Education- Educationa	Outreach & Education- Educational Materials									
Rethink Your Drink (RYD) Education	Rethink Your Drink (RYD) Education									
http://cdph.ca.gov/programs/cpns/Pages/RethinkYourDrink-Resources.aspx	Statewide	Educational and promotional materials available through and approved by the <i>Network for a Healthy California,</i> including Cal Fresh lessons, educational materials in English, Spanish and Vietnamese, sample certificates of appreciation, Beverage Label Cards, Sugar Synonyms poster, calculations for sugar, WIC label reading, activities for children, Potter the Otter campaign materials for young children (activities, posters, etc.), healthy recipes, and more.	Jackie Richardson	(916) 449-5400	Jackie.Richardson@c dph.ca.gov					
http://www.cachampionsforchange.cd ph.ca.gov/Library/RethinkYourDrink_b rochures.php	Statewide	Communications Resource Library for <i>Network</i> approved materials. Contains <i>Networks</i> templates for RYD flyers, including logos, graphic elements, and links to communications team for technical assistance and resources such as for media. Technical Assistance (TA) is available for website development, social media support, adapting materials for local use and reducing literacy level, media spokesperson training, media lists, media monitoring, and others.	Kristy Garcia	(916) 449-5400	Kristy.Garcia@cdph.c a.gov					
http://www.potterloveswater.com/	Santa Clara	Website for children promoting water consumption and sugar reduction, using Potter the Otter character.		(408) 260-3700	potter@potterlovesw ater.com					
http://www.californiaprojectlean.org/r yd/default.html	Statewide	Campaign includes posters, print materials, Facebook app and radio spots.	Maran Kammer- Perez	(916) 552-9907	projectlean@cdph.ca.					
Promoting Drinking Water Campaig	gns									
http://www.healthylivingforlife.org/	Alameda Public Health Department	Links to a series of nutrition education curricula for train-the-trainer workshops and education modules that are designed for presenting to clients, at the worksite to staff, students and others. Contains links to Healthy Water Promotion toolkit and materials on water fill stations. Includes CalFresh trainings in Spanish for Promotoras.		(510) 595-6454	nutrition@acgov.org					
Healthy Eating Education										
http://www.cdc.gov/healthyweight/healthy_eating/index.html	National	CDC Healthy Weight, Healthy Eating site with educational information on healthy eating, including planning meals, cutting calories, tips for parents and other information.		1 (800) 2324636	cdcinfo@cdc.gov					
http://www.fns.usda.gov/tn/serving-myplate-yummy-curriculum	National	Elementary lessons, plus teacher and parent support materials, to support MyPlate healthy eating education. Lesson 3 in each grade level addresses sugary beverages.								
http://www.choosemyplate.gov/healthy-eating-tips/ten-tips.html	National	USDA has created a selection of tips sheets (English/Spanish, color/black and white) to support adult healthy eating education.								
		Final 2/11/14				A				

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Outreach & Education- Educationa	Outreach & Education- Educational Materials								
http://www.scholastic.com/first5/	National	Scholastic and First 5 teamed-up to release an additional Potter the Otter book focusing on the whole diet as well as promoting physical activity. Healthy beverage messaging is featured. Site also includes teacher resources and activity sheets for kids.		1-800-SCHOLASTIC (1-800-724-6527), press #3					
http://banpac.org	California	Links to numerous fact and tip sheets for healthy eating for children (lunches, field trips, fundraising, meetings and trainings, pre-schools, etc.)	Susan Karlins	(408) 793-2720	susankarlins@phd.scc gov.org				
Health Impacts of SSB Consumption	1								
http://www.cutsugarydrinks.org	Bay Area, Contra	Public awareness campaign in the CA Bay Area shows the harmful effects of consuming sugary drinks on children; contains links to handouts on Health Benefits of Water, Making Healthy Drink Choices, information for childcare settings.		(925) 771-7300	1485 Enea Court, Suite 1200 Concord				
www.cspinet.org/new/pdf/liquid c andy final w new supplement.pd f	National	Report outlining consumption data for youth, impacts on health and marketing.		(202) 332-9110	cspi@cspinet.org				
"Sugar savvy" Education			•						
http://banpac.org	San Mateo, SF,	Extensive collection of materials including fact and tip sheets, training curriculum for various age groups (In English and Spanish), posters and other outreach materials for adults, youth, pre-school, schools and others.	Susan Karlins	(408) 793-2720	susankarlins@phd.scc gov.org				
http://www.sodafreesummer.org/t ools.php		Elementary and Middle School education materials. Online pledge and social media linkages.	Erika Doolittle	(510) 595-6442	ericka.doolittle@acgo v.org				
Guide to SSB Industry			T	1					
http://changelabsolutions.org/publications/breaking-down-chain	National	Provides a detailed guide to the soft drink industry, from manufacturing and distribution to marketing and sales.	Christine Fry	510-302-3302	cfry@changelabsoluti ons.org				

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Links to tools, programs, examples	Jurisdictions Involved	Summary of Program, Tool or Resource	Contact person	Contact Phone	Contact email	Special Information, e.g., offers consultation and technical assistance			
Outreach & Education- Public F	Outreach & Education- Public Health Campaigns								
Public Health Campaigns - Drink	ing Water Campaigns								
www.youarewhatyoudrink.org	National	Drink Up! Is the water promotion campaign resulting from the Partnership for a Healthy America (PHA) and PHA Honorary Chair Michelle Obama. The site includes video vignettes, social media photos, FB and Twitter. This campaign is an private/public parternship.			water@ahealthi eramerica.corg				
http://www.cdph.ca.gov/progra ms/cpns/Pages/PowerPlayReso urces.aspx	Statewide	Network supported materials geared to teachers and elementary school students including: teacher overview, promotional flyer, posters, activity sheets, and certificates. Includes Go to H2O activity booklet and flyer.	Lloyd Nadal	(916) 440-7609	Lloyd.Nadal@cd ph.ca.gov				
http://www.foodandwaterwatc h.org/water/take-back-the-tap/	National	A campaign of Food and Water Watch, this water promotion campaign is implemented through local governments. The site has information on how to implement a localized campaign, a campus-based campaign, and resources and fact sheets about tap and bottled water.	Katy Kiefer	202-683-4939	kkiefer@fwwatc h.org				
http://www.drinkwaterfirst.com	Kentucky	Educational website geared to "tweens", with pledge and drink calculator, information for kids and parents.	Anita Courtney	(859) 229-8400	anitac@qx.net				
Public Health Campaigns- Health	ny Beverage Campaigns								
http://www.cutyoursugar.org/resources	National	Inventory of healthy vending machine and other resources and efforts around the country. Site contains links to other sites containing resources.							
http://www.potterloveswater.com/	Santa Clara		FIRST 5 Santa Clara 400 Moorpark Ave, Ste 200, San Jose 95117	(408) 260-3700	potter@potterlo veswater.com				
Public Health Campaigns- SSB Co	onsumption Reduction Cam	paigns							
www.sodafreesummer.org	Alameda and other Bay Area counties	Site contains materials to launch Soda Free Summer" campaigns and links to other county and community-based organization (CBO) policies. Includes Facebook page option, Twitter feed, and advertising examples.			http://www.sod afreesummer.or g/contact.php	Contact info link gets you to the contact page. Each member's contact info is listed.			
http://www.californiaprojectlea n.org/ryd/default.html	Statewide	Site has Rethink Your Drink Public Health Campaign materials that includes posters, print materials, Facebook app and radio spots; also resources for mobilizing parents and youth.	Maran Kammer-Perez	(916) 552-9980	Maran.Perez@cd ph.ca.gov				
http://www.healthylivingforlife. org/CMS-spotlight.php	Alameda County	"Healthy Living for Life" campaign site, includes links to Soda Free Summers; uses social networking through Facebook and Twitter.		(510) 595.6454	nutrition@acgov .org				

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Outreach & Education- Public H	ealth Campaigns					
http://www.nyc.gov/html/doh/ html/living/sugarydrink- media.shtml	New York City	New York City (NYC) Pouring on the Pounds Campaign, with site links to 15 and 30 second ads for adults and kids addressing fruit drinks.				
http://www.publichealthadvoca cy.org/healthy_bev.html	California	National web page for Kick the Can campaign, bringing together info and viewable collection of campaigns from around the country to decrease consumption of soda and other sugary drinks, while increasing the consumption of water and other healthy beverages. Website offers resources about the harmful effects of sugary drinks, fact sheets in English and Spanish; grassroots education to raise awareness among communities most-at-risk about the harmful consequences of consuming sugary drinks, power point presentation available. Case studies also available.		(530) 297-6000		
http://www.choosehealthla.co m/eat-healthy/sugar-loaded- beverages/	Los Angeles	Sugar calculator, facts, and figures. Site also has videos and healthy drink alternatives to SSB as well as social media content.			ChooseHealthLA @ph.lacounty.go v	
http://www.cutsugarydrinks.org	Contra Costa	"Sugar Bites" Campaign aimed at 0-5 population. Website has a variety of educational resources.	Gwenn White		gwenn.white@h sd.cccounty.us	
http://fatsmack.org/drinking- sugar/	Boston Public Health Commission	Fatsmack site contains factual information about SSBs, health impacts, healthy alternatives, and links to 30 second video spot.		(617) 755-0129	YMCFatSmack@ gmail.com	
Public Health Campaigns- Obesit	y Prevention Ad Campaign		T	ı	ı	
http://www.sccgov.org/sites/scc phd/en- us/Newsandevents/Pages/Ad- Warns-Against-Sugary- Drinks.aspx	Santa Clara	CDC-funded bilingual ad campaign urging parents to protect their kids from sugary drinks, and serve water instead. Our Kids Are Drowning in Sugar calls attention to the abundance of sugary drinks surrounding children in today's environment, and the dangerous health consequences, such as obesity, consuming such drinks can bring. English and Spanish ads will be featured in newspapers as well as on billboards, buses, transit shelters and check cashing facilities in San Jose and Gilroy.		(408) 793-2700		

Links to tools, programs, examples	Jurisdictions Involved	Summary of Program, Tool or Resource	Contact person	Contact Phone	Contact email	Special Information, e.g., offers consultation and technical assistance			
Outreach & Education-Assessm	Outreach & Education-Assessment in Communities and Agencies								
Assessment in Communities	s and Agencies- Polling Dat	a on Public Perceptions about SSBs							
http://www.yaleruddcenter.or g/what_we_do.aspx?id=273	National	The Yale Rudd Center for Food Policy & Obesity has an inventory of polling data from across the nation. Entries contained are from 2008-2013.	Polling Data on Public Perceptions about SSBs						
http://www.kickthecan.info/fil es/documents/FieldPoll_Press Release.pdf	California	California poll from 2012 findings that indicate the majority of people see the link between consuming SSBs and obesity, support obesity prevention efforts, including limiting access to unhealthy beverages in pre-schools and schools, and support SSB tax if funds go to support school nutrition and physical activity programs.							
Assessment in Communities an	d Agencies- Local Public He	ealth Data Reports on Health Impacts							
http://cchealth.org/nutrition/pdf/ssb_report_richmond.pdf	Richmond, CA	Contra Costa Health Services produced report on the impact of SSB on the health of Richmond residents.	Abigail Kroch						
Assessment in Communities an	d Agencies- Assessing Ager	ncy Readiness for Policy Change							
http://policyreadinesstool.com /wp-content/uploads/Policy- Readiness-Tool English.pdf	Alberta, Canada	This resource provides and thorough review of the process to address the readiness for change within a municipality. The resource includes an agency assessment and then an approach-inventory based on the assessment findings (Innovator, Majority or Late Adopter).							
http://banpac.org	California	Link to Healthy Beverages Toolkit with assessment tools section containing a tool that helps organizations or agencies assess whether they are ready to pursue a healthy beverage policy.	Susan Karlins	(408) 793- 2720	susankarlins@phd.s ccgov.org				
Assessment in Communities an	d Agencies- Access in City	Agencies							
http://banpac.org/toolkit hfbp e.htm	California	Healthy Beverages Toolkit containing a survey tool.	Susan Karlins	(408) 793- 2720	susankarlins@phd.s ccgov.org				
Assessment in Communities an	d Agencies- Availability of	SSBs in Community							
http://www.cdph.ca.gov/progr ams/cpns/Pages/CX3 Main N avgation.aspx	California	The California Department of Public Health has developed a Communities of Excellence in Nutrition, Physical Activity and Obesity Prevention program, modeled after the CX Program of Tobacco Prevention. This program has assessment tools for fast food, stores, mobile vending and more.	Nutrition Education Obesity Prevention Branch	916-449-5398					
http://banpac.org/toolkit_hfbp e.htm	California	etc.	Susan Karlins	(408) 793- 2720	susankarlins@phd.s ccgov.org				
Assessment in Communities an	d Agencies- Workplace Ass	essment							

Links to tools, programs, examples	Jurisdictions Involved	Summary of Program, Tool or Resource	Contact person	Contact Phone	Contact email	Special Information, e.g., offers consultation and technical assistance
Outreach & Education-Assessm	ent in Communities and A	gencies				
http://www.cdph.ca.gov/progr ams/cpns/Pages/WorksiteFitB usinessKit.aspx	California	The California Department of Public Health through the Worksite Campaign has developed a worksite wellness toolkit that includes a healthy vending tool as well as a healthy meeting policy tool.	Nutrition Education Obesity Prevention Branch	914-449-5400		
http://banpac.org/toolkit_hfbpe.htm	i alitornia	Healthy Beverages Toolkit contains a link to a tool for evaluating beverages in a variety of public and private sector sites, including workplaces.				
Assessment in Communities an	d Agencies- Vending Mach	ine Options for Employees				
http://www.surveymonkey.co m/s/RCVending	California	This site goes to a sample employee survey of vending machine options.	IKate Klimczak	(202) 777- 8329	kklimczak@cspinet. org	Yes on technical assistance. 1:1 consultation
http://www.kingcounty.gov/healthservices/health/nutrition.aspx	Washington State	Site contains healthy vending machine toolkit and guidelines. The toolkit contains sample employee surveys and listings of healthy vending machine options.				
http://www.adph.org/NUTRITI ON/index.asp?id=4929	Alabama	Well-documented outline of the process of establishing statewide vending machine policies; includes sample vending machine audit form and employee preferences survey. Includes evaluation of impact on vending sales move to healthier options.			(334) 206-5226	

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Links to tools, programs, examples	Jurisdictions Involved	Summary of Program, Tool or Resource	Contact person	Contact Phone	Contact email	Special Information, e.g., offers consultation and technical assistance
Access to Healthy Beverages				•		
Retail Environment: Corner Stores 8	& Restaurants - Research	on Impact of Retail Strategies				
http://www.rwjf.org/content/dam/fa rm/reports/reports/2013/rwjf406357	National	Report summarizes the impact of menu labeling on customers' purchase intentions as well as on actual purchases, and calorie intake between 2008-11.				
http://ajcn.nutrition.org/content/earl y/2013/06/12/ajcn.112.054833.abstr act		Wang, C and Vine, S, "Caloric Effect of a 16 Ounce Portion Sized Cap on Sugar-Sweetened Beverages Served in Restaurants", American Journal of Clinical Nutrition (AJCN), June 12, 2013.				
http://www.hudson.org/files/publicat ions/lower calorie foods.pdf		Report evaluating the economic impact of food retailers offering more lower calorie items, with higher profits resulting.				
Retail Environment: Corner Stores 8	& Restaurants - Restaurar	nts				
http://changelabsolutions.org/publications/healthy-menus	National	"Putting Health on the Menu" is a toolkit for creating healthy restaurant programs. Site also includes a model partnership agreement.	Christine Fry	( 510)302- 3302	cfry@changelabs olutions.org	
http://www.choosehealthla.com/eat- healthy/restaurants/	Los Angeles	The "Choose Health LA Restaurant Program" is a certification program that promotes healthier restaurants in LA with portion size and healthier children's meals as a key criteria in securing the certification.			ChooseHealthLA @ph.lacounty.go v	
Retail Environment: Corner Stores 8	& Restaurants - Corner/ C	onvenience Stores				
http://www.nyc.gov/html/doh/downl oads/pdf/cdp/healthy-bodegas- rpt2010.pdf	New York City	NYC Healthy Bodegas Initiative.			bodegas@health .nyc.gov	
http://www.healthycornerstores.org	National organization	Website has links to local case studies and successes, publications, guides, and a new Healthy Food Access Portal which is the nation's first website dedicated to improving and promoting healthy food retail.			info@healthycor nerstores.org	
http://www.healthykidshealthycomm unities.org/node/675		Healthy Corner Stores National Network provides case studies of successful cross-sectorial efforts to improve the availability, quality, and affordability of healthy foods in corner/convenience stores located in low income, underserved communities.		(919) 843- 2523	info@healthykid shealthycommu nities.org	
www.longbeach.gov/health/health_p romotion/copa.asp	Long Beach	This Healthy Eating Active Living (HEAL) funded Healthy Corner Store project promotes healthy retail stores through efforts to improve labeling, stocking of fresh foods, outreach and nutrition education.	Shawna Stevens	(562) 570- 7901	shawna.stevens @longbeach.gov	

Links to tools, programs, examples	Jurisdictions Involved	Summary of Program, Tool or Resource	Contact person	Contact Phone	Contact email	Special Information, e.g., offers consultation and technical assistance
Access to Healthy Beverages						
www.marketmakeovers.org	South Los Angeles	Provides user-friendly online Toolkit about the process of transforming small corner ("Corner store makeovers") to carry healthier food choices; engaging videos of youth leaders in L.A., using the experience of 3 corner store makeovers funded by Healthy Eating Active Communities (HEAC).	Aurora Flores		aflores@acceler ated.org	
http://healthyfoodaccess.org/retail- strategy/corner- store?destination=node/319		Funded by PolicyLink, The Food Trust, The Reinvestment Fund and Wood Johnson Foundation, this website was created as a portal to support communities seeking to launch healthy food retail projects across the country. This website highlights those efforts and relevant resources to serve the community members and policymakers working to improve access to healthy food retail.				
http://changelabsolutions.org/publications/healthy-corner-stores	National	This report explores the successes and challenges of early corner store interventions, and outlines a series of steps for developing sustainable models for future projects – models that engage community residents and business owners in creating meaningful change. Includes a model healthy retail ordinance.	Christine Fry	(510) 302- 3302	cfry@changelabs olutions.org	
Retail Environment: Corner Stores 8	& Restaurants - Healthy Fo	ood Retailer Certification Programs				
http://changelabsolutions.org/publications/creating-successful-healthy-restaurant-policies	National overview	Provides an overview of national, state, and local laws that regulate restaurants and examples of policies and recommendations for drafting policies that encourage healthier eating at restaurants.	Christine Fry	(510) 302- 3302	cfry@changelabs olutions.org	
http://changelabsolutions.org/publica tions/health-on-the-shelf	National	"Health on the Shelf": This toolkit describes how to create a strong healthy small food retailer certification program that requires participating stores to increase the variety of healthy foods they sell, reduce the offerings of unhealthy foods, and proactively markets healthy options with help from a sponsoring agency or organization. The report provides step-by-step instructions for developing a certification program, with ideas and examples from existing programs.	Christine Fry	( 510)302- 3302	cfry@changelabs olutions.org	
Retail Environment: Corner Stores 8	& Restaurants - Healthy Fo	ood Retailer Licensing				
http://changelabsolutions.org/publica tions/model-ord-healthy-food-zone	Local Jurisdictions	Provides a model licensing ordinance for healthy food retailers, along with an accompanying guide that describes how the ordinance works and provides tips on how to implement it successfully in communities.	lan McLaughlin	(510)302- 3302	imclaughlin@ch angelabsolutions .org	
www.longbeach.gov/health/health p romotion/copa.asp		Model Healthy Retailer Licensing ordinance.	Shawna Stevens	(562) 570- 7901	shawna.stevens @longbeach.gov	
Retail Environment: Corner Stores 8						
http://changelabsolutions.org/publica tions/getting-grocery	National	This tool is designed to help advocates and public health agencies coordinate and leverage the tools available through local government and other organizations to bring grocery stores into low-income communities.	Christine Fry	(510)302- 3302	<u>cfry@changelabs</u> <u>olutions.org</u>	

Links to tools, programs, examples	Jurisdictions Involved	Summary of Program, Tool or Resource	Contact person	Contact Phone	Contact email	Special Information, e.g., offers consultation and technical assistance
Access to Healthy Beverages						
http://www.spur.org/sites/default/files/blog post pdfs/Healthy Food Retailer Ordinance Mar June 18 ordinance.pdf		San Francisco Healthy Food Retailer Incentives Program focuses attention on promoting and assisting stores that meet the criteria of being a "healthy food retailer" and proposes to analyze what areas are in most need of healthier food choices and figure out how to attract purveyors to those areas.				
http://www.cafreshworks.com/	California	Fresh Works is a public-private partnership loan fund created to bring grocery stores, markets that offer fresh produce, and other innovative forms of healthy food retail and distribution to communities that do not have them. While not specific to SSB, principles and strategies could incorporate promotion of healthy drinks.				
http://www.hartfordfood.org/progra ms/healthy-food-retailer-initiative/		Healthy Food Retailer Initiative works with stores to discuss, identify and document best practices for healthy grocery retailing, including elements such as marketing, licensing, access to storage and display equipment, and purchasing cooperatives. Additionally, helps store owners comply with the WIC program and municipal food licensing requirements. Evaluation indicates a reduction in "junk food" items among participating stores.		(860) 296- 9325		
http://www.publichealthlawcenter.or g/topics/healthy-eating	Federal	Overview of key policy and legal strategies being pursued to reduce or prevent obesity by increasing access to healthy food; Federal Menu Labeling Law; and a policy drafting checklist. Not specific to SSB but broader.		(651)290-7506	publichealthlaw @wmitchell.edu	
Retail Environment: Corner Stores	& Restaurants - Healthy M	lenu Labeling				
https://public.health.oregon.gov/PreventionWellness/Nutrition/Menulabeling	Oregon	Outlines Oregon's act, rules, questions for consumers, and information for restaurant owners.				
http://www.cspinet.org/menulabeling/		Provides general information and links to sample legislation and local jurisdiction model policies around healthy menu labeling.			nutritionpolicy@ cspinet.org.	
http://changelabsolutions.org/publica tions/menu-labeling	National	Discusses federal regulations and state's options in enacting or enforcing their own menu labeling legislation.	Sabrina Adler	(510)302- 3353		
Retail Environment: Corner Stores	& Restaurants - Fast Food	Restaurant Standards				
http://changelabsolutions.org/publications/healthy-food-zone	Local	A model ordinance that creates a "healthy food zone" by restricting fast food restaurants near schools or other areas children are likely to frequent.	Heather Wooten	(510)302- 3370	hwooten@chang elabsolutions.or g	

Links to tools, programs, examples	Jurisdictions Involved	Summary of Program, Tool or Resource	Contact person	Contact Phone	Contact email	Special Information, e.g., offers consultation and technical assistance
Access to Healthy Beverages						
http://www.sfbos.org/ftp/uploadedfiles/bdsupvrs/bosagendas/materials/bag110210_101096.pdf	San Francisco	"Healthy Food Incentives Ordinance" sets standards for healthy children's meals sold at restaurants that are accompanied by toys or other incentives and includes sodas and other items that have high sugar content. Incentives can only be offered in conjunction with menu items meeting specified nutritional content.				
Retail Environment: Corner Stores 8	& Restaurants - Kid's Mea	ls				
http://www.sccgov.org/sites/sccphd/en-us/Media/Documents/2010PressReleaseArchive/13APublic%20Health%20Department%20(DEP)_cdip_attachments_ToyOrdinance%20No.%20NS-300.820_8-5-10%5B1%5D.pdf	Santa Clara County	First regulation in country on toy giveaways with kid's meals. Specifically includes restrictions on incentives related to purchase of SSB.				
http://www.sfbos.org/ftp/uploadedfiles/bdsupvrs/bosagendas/materials/bag110210 101096.pdf	San Francisco	"Healthy Food Incentives Ordinance" sets standards for healthy children's meals sold at restaurants that are accompanied by toys or other incentives and includes sodas and other items that have high sugar content. Incentives can only be offered in conjunction with menu items meeting specified nutritional content.				
http://changelabsolutions.org/publica tions/healthier-toy-giveaway-meals	Local	Model ordinance that breaks the link between toys and fast food. Includes an accompanying fact sheet and chart addressing the fast-foods industry's tactics for marketing to children. Proposed ceiling for the amount of calories, sugar, fat, and salt permitted in a meal accompanied by a toy or other prize that can be applied to SSBs.	Sabrina Adler	(510) 302- 3353	sadler@changel absolutions.org	
Retail Environment: Corner Stores 8	& Restaurants - Portion Si	ize restriction				
adoption-amend-article81.pdf	New York City	Restriction of serving size of sugary drinks in food service establishments to 16 ounces.	Maura Kennelly	(707) 565- 4806	Maura Kennelly [mkennell@heal th.nyc.gov]	
Retail Environment: Corner Stores 8	& Restaurants - General: I	Retail Approaches Summaries				
http://changelabsolutions.org/publications/regulating-retail-sales-SSBs	National	Series of fact sheets outlining innovative approaches to address sugary drinks in the retail environment.	lan McLaughlin	(510) 302- 3315	imclaughlin@ch angelabsolutions .org	

Links to tools, programs, examples	Jurisdictions Involved	Summary of Program, Tool or Resource	Contact Person	Contact Phone	Contact email	Special Information, e.g., offers consultation and technical assistance
Access to Healthy Beverages	- lile De como Dell'altre Cirlere					
Community Environments: He	ealthy Beverage Policies-Cities and	nd Counties		I		
http://www.publichealthadvoca cy.org/ PDFs/beverage policies /CABeveragePolicies Cities Cou nties.pdf	California including: Baldwin Park, Brentwood, Burlingame, Arcata, Daly City and others.	Describes California city and county- adopted policies to support breastfeeding, to limit the availability of sugary drinks and to increase the availability of healthy beverages, including vending machines, sites serving youth. Site lists the local contacts for cities and counties with policies.	Christina Cardenas	(626) 962-5900	cc@publichealthad vocacy.org	http://www.kickthecan.info/sod a-taxes-and-other-beverage- policies
Community Environments: He	ealthy Beverage Policies-Parks a	nd Recreation Facilities				
http://www.ci.brentwood.ca.us/pdf/new/parks/wellnesspolicy.pdf	Baldwin Park	City Beverage Nutrition Standard requires that all vending and concession beverages sold at city-owned parks and facilities comply with the following healthy beverage standards: Vendors selling soft drinks must sell and make equally accessible water and 100% fruit or vegetable juice with no added sweetener.	Sue Barry			
http://www.publichealthadvoca cy.org/ PDFs/beverage policies /DavisNutritionStandards 2012. pdf	Davis	Sets standards for SSB options for vending and concession stands operated by the city.				
Community Environments: He	ealthy Beverage Policies-Other C	ommunity Settings Serving Adults, Youth and Children		I		
http://www.nemours.org/conte nt/dam/nemours/www/filebox/ service/preventive/nhps/resour ce/healthyconcession.pdf	National	Health system sponsored Healthy Concessions Guide based on the Go Slow Woah approach. Provides standards and recommendations for each food group.				
http://banpac.org/toolkit_hfbpe .htm	California	Link to a comprehensive organizational toolkit for implementing healthy food and sample beverage policies in a multitude of settings. Toolkit includes sample healthy food and beverage policies for schools, community organizations, and for settings serving adults, youth and children; assessment tools (organizational readiness, community and environment, beverage availability assessment); healthy snack guidelines and field trip guidelines for children; vending policies; educational materials for adults, children, childcare settings, faith community, and low income housing.				
Community Environments: He	ealthy Beverage Policies-Childca	re Settings				
http://www.preventioninstitute. org/sa/policies/LAnutrition.php	Los Angeles	Requires city departments serving pre-and school-aged children to follow a set of standards for healthy eating, including nutrition education and nutrition programs for families.				
http://changelabsolutions.org/publications/SSB-playbook	California	Provides relevant facts on scope of problem and its impact, as well as examples of efforts to limit SSBs in childcare and after school care settings, and additional resources				

Links to tools, programs, examples	Jurisdictions Involved	Summary of Program, Tool or Resource	Contact Person	Contact Phone	Contact email	Special Information, e.g., offers consultation and technical assistance		
Access to Healthy Beverages								
http://www.healthybeveragesinchildcare.org/	California	This site is a resource for child care centers as they work to comply with California's Healthy Beverages in Childcare requirements. The site includes a "Best Practices" category that showcases a self-assessment guide and implementation guide for writing an organizational policy. The resources tab has a listing of educational resources to use on-site in support of the policy.		510.433.1122 x206	elyse@cfpa.net			
http://www.rwjf.org/content/da m/farm/reports/issue_briefs/20 13/rwjf404852		Report providing beverage recommendations, and funded by The Robert Wood Johnson Organization. Provides healthy beverage recommendations for all age groups.						
http://changelabsolutions.org/publications/child-care-statute	Statewide	Model child-care licensing statute, including nutrition standards.	Sabrina Adler	(510)302-3353	sadler@changelabs olutions.org			
Community Environments: Healthy Beverage Policies-Churches/Faith settings								
http://banpac.org/toolkit_hfbpe .htm#sect_7	National	Links to healthy beverage policies for several churches and ministries.						
Community Environments: He	ealthy Beverage Policies-Food Ba	nks/Pantries						
http://banpac.org/toolkit hfbpe .htm#sect_7	Sunnyvale	Link at this site to Sunnyvale Community Services Healthy Food and Beverages Policy.						
Community Environments: He	ealthy Beverage Policies-Housing							
http://banpac.org/toolkit HFBP E/section7/7- mid pen policy.pdf	Foster City	Mid-Peninsula Housing Healthy Food and Beverage Policy.						
Community Environments: He	ealthy Beverage Policies-Mobile	Vending Carts and Trucks						
http://www.rwjf.org/en/researc h-publications/find-rwjf- research/2010/11/an-analysis- of-public-health-policy-and-legal- issues-relevant-to.html	New York, SF, Kansas City	"An Analysis of Public Health Policy and Legal Issues Relevant to Mobile Food Vending" report evaluates mobile vending carts licensing to encourage healthier food options in New York City (amended its municipal code to create 1,000 additional mobile vending permits for "Green Carts;") Kansas City Department of Parks and Recreation (requires that park vendors comply with explicitly defined nutrition guidelines) and San Francisco's Parks and Recreation Department (gives priority to vendors whose menus are organic, locally grown and minimally processed.						
http://changelabsolutions.org/p ublications/mobile-vending- policies	National	Fact sheet shows how mobile vending regulations can promote healthy eating in communities that need it the most.	Heather Wooten	(510) 302-3370	hwooten@changela bsolutions.org			

Links to tools, programs, examples	Jurisdictions Involved	Summary of Program, Tool or Resource	Contact Person	Contact Phone	Contact email	Special Information, e.g., offers consultation and technical assistance			
Access to Healthy Beverages	ccess to Healthy Beverages								
http://www.kcmo.org/idc/group s/parksandrec/documents/parks recreation/012710.pdf	Kansas City	Ordinance allowing for reduced permit costs for vendors selling healthy beverages.							
http://changelabsolutions.org/publications/permit-produce-cart-vendors	National	Outlines how to create a permitting program that makes it easier for produce vendors to sell their goods.	Heather Wooten	(510) 302-3370	hwooten@changela bsolutions.org				
Community Environments: He	althy Beverage Policies-Food ar	nd Beverage Vending Trucks							
http://eatbettermovemore.org/ sa/policies	Palm Desert, Santa Ana	Both city policies address standards for food and beverages at vending trucks; Santa Ana policy sets minimum distance of locating near schools, parks and recreation areas. Search the city name to find the policies in the database.							
Community Environments: He	althy Beverage Policies-Superm	arkets							
http://www.rwjf.org/en/about-rwjf/newsroom/newsroom-content/2011/09/winning-strategies-in-the-fight-against-childhood-obesity/pittsburgh-area-supermarket-a-showplace-for-healthier-food-optio.html	Pittsburgh, PA	Fresh Food Financing Initiative (FFFI) funding allowed this community to expand the only supermarket serving the community from 12,000 to 20,000 square feet in 2009 and to introduce a wider array of healthy food choices. The store has doubled its fresh produce offerings and increased its dairy and meat selection by 35 percent. Article, available at the Robert Wood Johnson Foundation (RWJ) site under Publications, is titled "Pittsburgh-Area Supermarket a Showplace for Healthier Food Options". While not specific to SSBs, the principles and practices could be applied.							
Community Environments: He	Community Environments: Healthy Beverage Policies-College campuses								
http://www.uvm.edu/sustain/ta gs/beverage-contract	University of Vermont	One of the first institutions nationwide to end the sale of bottled water on campus and mandate that one-third of drinks offered in vending machines provide healthy options.							

Links to tools, programs, examples	Jurisdictions Involved	Summary of Program, Tool or Resource	Contact person	Contact Phone	Contact email	Special Information, e.g., offers consultation and technical assistance				
Access to Healthy Beverages:										
Healthy Workplace Policies/Standards (See also Vending Machine Policy section)										
Healthy Workplace Policies/Stan	Healthy Workplace Policies/Standards-Healthy Workplace Nutritional, Beverage Policies and Standards									
http://www.cdph.ca.gov/progra ms/cpns/pages/worksitefitbusin esskit.aspx	Statewide	eating and physical activity among workers. This Kit contains ten individual components, all of which have been evaluated by a diverse mix of businesses from across the state and have	Stephanie Carrillo, Jane Beal	(916) 449- 5423 916- 449-5417	Stephanie.Carillo @cdph.ca.gov; jane.Beal@cdph. ca.gov					
http://banpac.org/toolkit_hfbpe .htm	Includes examples from Alameda County, Monterey	Site provides a link to a comprehensive organizational toolkit for implementing healthy food and beverage policies in the work place, with sample healthy food and beverage policies for schools, community organizations, and for settings serving adults, youths and children. Also includes assessment tools (for organizational readiness, community and environment, beverage availability assessment); healthy snack guidelines and field trip guidelines for children; vending policies; educational materials for adults, children, childcare settings, faith community, low income housing.								
http://www.longbeach.gov/heal th/health promotion/healthyfo odpolicy/default.asp		Policy applies to all snack foods and beverages served at all youth-oriented meetings and classes, and to all snacks offered in vending machines located in public areas, and encourages all departments to voluntarily adopt a policy for adult-oriented meetings and classes, or employee meetings and trainings.	Michelle Fino	(562) 570- 7941	Michelle.Fino@l ongbeach.gov					
http://www.sccgov.org/sites/sccphd/en- us/Newsandevents/Documents/ Nutrition%20Standards/Nutrition_Standards_NEW_july2012_v3_ndf	Santa Clara	Comprehensive county policy for nutrition standards for county departments and their private vendors, including cafeterias, cafes, government-owned rented sites, custodial services and others.								
Healthy Workplace Policies/Stan	dards-Healthy Beverages	in Health Care Settings								
http://banpac.org/toolkit_hfbpe .htm#sect_7	National	Sample healthy food and beverage policies for various clinics, hospitals, health centers and health care systems, including the Indian Health Care Center of Santa Clara, Lucille Packard Children's Hospital, the Grand Itasca Clinic and Hospital phase-out of SSB policy and others.								
http://www.publichealthlawcen ter.org/resources/healthy- healthcare	Minnesota	The Public Health Law Center released a series of resources designed to inform and support efforts to promote healthy beverage choices and reduce consumption of sugary drinks in Minnesota healthcare settings. The Site includes a toolkit, guide and fact sheets.								
Healthy Workplace Policies/Stan	dards-Healthy Beverages	in Health Care Settings								

Links to tools, programs, examples	Jurisdictions Involved	Summary of Program, Tool or Resource	Contact person	Contact Phone	Contact email	Special Information, e.g., offers consultation and technical assistance			
Access to Healthy Beverages:									
http://www.bostonmovesforhe alth.org/SiteCollectionDocumen ts/BMH%20Workplace%20Well ness%20Toolkit%20Final%20up dated%201.29.13.pdf		Worksite Wellness toolkit that includes healthy beverages and healthy meeting standards.			-				

\*Disclaimer: SNAP-Ed funding was not used in the development of this section of the compendium. The contents in this section are solely the responsibility of the authors and do not represent the official views of the California Department of Public Health's Nutrition Education Obesity Prevention Branch and/or the USDA SNAP-Ed Program. This sections is presented for informational purposes only and does not reflect established policy or guidance issued by USDA or its grantees. NEOPB and USDA do not endorse any strategies that could potentially disparage specific manufacturers, brands or commodities.

Links to tools, programs, examples	Jurisdictions Involved	Summary of Program, Tool or Resource	Contact person	Contact Phone	Contact email	Special Information, e.g., offers consultation and technical assistance		
Access to Healthy Beverages								
Pricing Incentives	-Strategies for Differentia	l Pricing						
http://www.cdph.c a.gov/SiteCollection Documents/Stratsto Reduce Sugar Swe etened Bevs.pdf	INATIONAL	CDC Guide to Strategies for Reducing Consumption of SSBs, includes a section on differential pricing strategies.						
http://www.rwjf.or g/en/research- publications/find- rwjf- research/2011/04/h arnessing-the- power-of- supermarkets-to- help-reverse- childhood-o.html	National	The Robert Wood Johnson funded meeting report - Harnessing the Power of Supermarkets to Help Reverse Childhood Obesity. Public Health and Supermarket Experts Explore Grocery Store Marketing Practices to Promote Healthier and Lower-Calorie Foods. Includes partnership strategies with and responsibilities of retailers as well as case study examples. Not specific to beverages, but applicable.						

Links to Tools, Programs, Examples	Jurisdictions Involved	Summary of Program, Tool or Resource	Contact Person	Contact Phone	Contact email	Special Information, e.g., offers consultation and technical assistance				
<b>Healthy Beverage Procurement Policies</b>										
Vending Machines -State and County Healthy Vending Machine Policies										
http://www.cdph.ca.gov/programs/cpn s/Documents/Network-FV-WP- VendingMachineStandards.pdf	California	Outlines healthy food and beverage guidelines, pricing and labeling standards, sample healthy products for vending machines, list of vendors offering healthy options and their websites.	Stephanie Carillo	(916) 449-5423	Stephanie.Carillo @cdph.ca.gov					
http://changelabsolutions.org/publicati ons/SSB-playbook	California	Describes examples of government procurement for vending, concessions.								
http://www.adph.org/NUTRITION/index .asp?id=4929	Alabama	Well-documented outline of the process of establishing statewide vending machine policies; includes sample vending machine audit form and employee preferences survey. Includes evaluation of impact on vending sales move to healthier options.			(334) 206-5226					
http://banpac.org	California	Model vending machine food and beverage standards can be found at this link, by clicking on Toolkit, then Vending Only policies.								
http://banpac.org	Contra Costa, SF, Marin	Site has links for 3 county and 1 city vending machine policies.								
http://www.nyc.gov/html/doh/downloads/pdf/cardio/cardio-vending-machines-standards.pdf	New York City	Vending Machine Standards.	Ashley Lederer		alederer@health .nyc.gov					
http://www.acgov.org/wellness/docum ents/Healthy Vending Machine Option s.pdf	Alameda	County's Healthy Vending Machine Policy, tips for healthy refreshments at meetings and Nutrition and Physical Activity policies (go to policy link on webpage for latter two items).								
http://changelabsolutions.org/publications/healthier-vending-municipalities	Municipalities	This guide "Making Change" explores different options for municipalities looking to develop a healthy vending policy to improve the food environment for people working for, visiting, and being served by local government agencies. The "Model Healthy Municipal Snack and Beverage Vending Agreement," designed for those tasked with drafting and negotiating municipal vending contracts, provides model contract language to help nutrition advocates and municipalities improve the food environment while	Q Dang	(510) 302-3383	<u>qdang@changela</u> <u>bsolutions.org</u>					
http://www.cspinet.org/new/pdf/final- model-vending-standards.pdf		Model Healthy Municipal Snack and Beverage Vending Machine Agreement; Model Vending Standard; Vending Machine Model Bill; developing fact sheets on healthy vending products (Dec 2012).								
Vending Machines -School Vending N	Nachine Policies									
http://banpac.org/toolkit_hfbpe.htm	Contra Costa, Marin, Santa Clara, San Jose, Berkeley, Monterey	Toolkit with step by step process to creating policy in schools, including assessment tools, customer survey samples, key informant interview tools, sample policies and agreements, fact sheets, case studies.								

Links to Tools, Programs, Examples	Jurisdictions Involved	Summary of Program, Tool or Resource	Contact Person	Contact Phone	Contact email	Special Information, e.g., offers consultation and technical assistance
<b>Healthy Beverage Procurement Policies</b>						
http://changelabsolutions.org/publications/healthy-beverage-vending-agreement	School District	Analyzed more than 25 school beverage vending contracts from both large and small school districts and crafted model clauses that improve upon the existing language for healthy beverage agreements.	Q Dang	(510) 302-3383	qdang@changela bsolutions.org	
http://changelabsolutions.org/publications/district-policy-healthy-vending	School District	School District policy establishing a healthy vending program.	Q Dang	(510) 302-3383	qdang@changela bsolutions.org	
http://www.cde.ca.gov/ls/nu/he/compf oodsreq.asp	California	Inventory of California regulations covering competitive food and beverage sales in schools.	Mike Danzik	916-445-7346	mdanzik@cde.ca .gov	
Vending Machines -City Healthy Vend	ling Policies					
http://copcwa.org/city-of-seattle-passes- healthy-vending-ordinance/	Seattle	Seattle City Council approved ordinance requiring all vending machines on city property to carry at least 50 percent "healthiest" or "healthier" foods, as defined by the King County Board of Health Healthy Vending Guidelines. Site has link to the Guidelines.		(206) 910-7643	info@copcwa.or	
http://eatbettermovemore.org/sa/policies	Santa Clara, San	Use this link to the Strategic Alliance search engine to access policies. Type in city name for the city passed vending machine policy; Chula Vista's policy addresses limiting portion size of sugary drinks.	Dana Richardson	(858)614-1548	drichardson@ha sdic.org	
Vending Machines - Health Care Setti	ngs					
www.commonshealthchallenge.org	National, with Boston example	Overview report that outlines obesity epidemic, proposes steps for creating healthy beverage environments in hospital settings. Includes examples, sample policies and educational materials. Has link to Boston's Healthy Beverage Toolkit.		(218) 525-7806	info@isfusa.org	
Vending Machines - Youth-Serving Co	mmunity Sites					
http://www.longbeach.gov/health/healthpromotion/healthyfoodpolicy	Long Beach	Healthy snack food and beverage vending machine policy for public areas serving youth.	Annabel Barajas or Michelle Fino	I ( IV/II Challa I	Annabel.Barajas @longbeach.gov; Michelle.fino@lo ngbeach.gov	
http://eatbettermovemore.org/sa/policies/policy detail.php?s Search=&issue=1&env=7&keyword=&s State=California&jurisdiction=&year=&policyID=89	San Jose	City policy addresses vending at libraries and another for city-wide vending on government locations.				

L	inks to Tools, Programs, Examples	Jurisdictions Involved	Summary of Program, Tool or Resource	Contact Person	Contact Phone	Contact email	Special Information, e.g., offers consultation and technical assistance
Hea	Ilthy Beverage Procurement Policies						
'	ending Machines - Mobile Vending						
	o://changelabsolutions.org/publicati /mobile-vending-policies	INATIONAL	This fact sheet shows how mobile vending regulations can promote healthy eating in communities that need it the most.	Heather Wooten	(510) 302-3370	hwooten@chang elabsolutions.org	

Links to Tools, Programs, Examples	Jurisdictions Involved	Summary of Program, Tool or Resource	Contact Person	Contact Phone	Contact email	Special Information, e.g., offers consultation and technical assistance
Healthy Beverage Procurement Policies (	See also Vending Machine	Policies)				
Procurement Policies -Food Procurement	ent Guide					
www.cdc.gov/salt/pdfs/dhdsp_procurement_guide.pdf	National	Detailed description from CDC of steps to establishing healthy government food procurement policies, including sections on: needs assessment, policy development, implementation and evaluation. Also provides sample standards and key decision points.	Katie Bishop	(202) 777- 8351, FAX: (202)265-4952	Kbishop@cswpinet. org	
http://changelabsolutions.org/publications/healthy-procurement	National	This guide shows how governments can adopt healthier procurement policies to help improve public health, lower overall costs, and provide leadership for the private sector to do the same.	Q Dang	(510) 302- 3383	gdang@changelabs olutions.org	
http://changelabsolutions.org/publicatio ns/buy-healthy-buy-local	National	Analysis that looks at possible legal restrictions on the ability of States and local governments to give preferences to local producers of food in procurement. Not specific to SSB.	Q Dang	(510) 302- 3383	qdang@changelabs olutions.org	
Procurement Policies -Food Procurement	ent Guide- Sample model	policies				
http://cspinet.org/new/pdf/state_policy_descriptions.pdf	National	Provides short descriptions of food procurement policies from national, state and local government and for worksites and hospitals. Most are vending machine specific, but Santa Clara and Alabama are broader.	Katie Bishop	(202) 777- 8351	kbishop@cswpinet. org	
Procurement Policies -Food Procurement	ent Guide - Healthy City, (	County Food Procurement Policy				
http://www.publichealth.lacounty.gov/hea/HEN_Meeting_Archives/2007/8_07/lfranco_HEN%20Food%20Policy%20Prese_ntation.pdf	LA County	Los Angeles County Board of Supervisors (BOS) approved Healthy Food Purchasing policy. PDF of powerpoint includes information specific to cafeterias and vending machines. Conducted environmental scan using validated vending machine measurement tool (NEMS-V) to document pre and post vending machine snacks and beverages; producing" Vending Machine Nutritious Policy" and" Your Cafeteria Offers Healthier Options Every Day", to be posted on Public Health website.	Michelle Wood	(213) 351- 7847	micwood@ph.lacou nty.gov	
www.goodfoodla.org	City of LA	Food Policy Council is working initially with LA City Departments, Unified School District and Department of Water and Power, to adopt systems-wide healthy food purchasing guidelines in order to shift production practices. The goal is to work more broadly throughout the regional "food shed" which encompasses several Southern California counties. Not specific to SSBs but could be applicable since the core values include to reduce added sugar.	Alexa Delwiche		mailto:info@goodf oodla.org	

Links to Tools, Programs, Examples	Jurisdictions Involved	Summary of Program, Tool or Resource	Contact Person	Contact Phone	Contact email	Special Information, e.g., offers consultation and technical assistance		
Healthy Beverage Procurement Policies (See also Vending Machine Policies)								
Procurement Policies -Food Procurem	Procurement Policies -Food Procurement Guide - Publicly Financed Food Standards							
http://www.nyc.gov/html/doh/downloads/pdf/cardio/cardio-meals-snacks-standards.pdf	New York City	Standards for food purchased, served or financed by public agencies, including beverages. Also addresses portion control standards.	Ashley Lederer		alederer@health.ny c.gov			

Links to Tools, Programs, Examples	Jurisdictions Involved	Summary of Program, Tool or Resource	Contact Person	Contact Phone	Contact email	Special Information, e.g., offers consultation and technical assistance
Healthy Beverage Procurement and						
Access in Schools- Water Availab	ility in Schools		I		I	
Inttn://waterinschools.org/case_stu	Santa Rosa, Santa Barbara, Eureka, Turlock, Fresno		Kathi King (Santa Barbara); Colin Ramsay (Bellview)	C. Ramsey: (707) 542- 5197	kking@cecmail.or g (need Java Script to enable); cramsay@bellevu eusd.org	
http://changelabsolutions.org/publications/SSB-playbook	California	Provides releveant facts and impact, examples of efforts, and additional resources for limiting sales of SSB near schools				
http://changelabsolutions.org/publ ications/drinking-water-access- schools	School District	This fact sheet offers strategies for schools to make drinking water more readily available, and guidance for parents, teachers and community members to get involved.	Q Dang	(510) 302- 3383	gdang@changela bsolutions.org	
http://www.leginfo.ca.gov/pub/09-10/bill/asm/ab 2051-2100/ab 2084 bill 20100930 chaptered.html	California	Legislation adding to the Health and Safety Code, related to child day care facilities. Requires compliance with new beverage standards served by day care facilities.				
http://www.cde.ca.gov/ls/nu/he/water.asp	California	ICode, which requires school districts to provide access to	CDE Nutrition Services Division Nutrition Education	(916) 445- 7346	mdanzik@cde.ca. gov	
www.waterinschools.org	California	Website provides fact sheets, resources, water safety resources, wellness policies, Rethink Your Drink resources, policy briefs and reports supporting water in schools.				
http://changelabsolutions.org/publications/wellness-policy-water	School District	Provides a "policy package" featuring a set of model goals and actions for schools to incorporate into their wellness policies. The package highlights examples of how schools across the country have partnered with other agencies and private companies to fund drinking water programs.	Q Dang	(510)302-3383	qdang@changela bsolutions.org	
Access in Schools- School Wellne	ss/ Vending Policy (See al	so Vending Policy section)				

Links to Tools, Programs, Examples	Jurisdictions Involved	Summary of Program, Tool or Resource	Contact Person	Contact Phone	Contact email	Special Information, e.g., offers consultation and technical assistance
Healthy Beverage Procurement and	Other Policies					
http://banpac.org/toolkit_hfbpe.ht m	Contra Costa, Marin,Santa Clara, San Jose, Berkeley, Monterey	Toolkit with step by step process to creating policy in schools, including assessment tools, customer survey samples, key informant interview tools, sample policies and agreements, fact sheets and case studies.				
http://changelabsolutions.org/publications/enforce-wellness-policy	School District	This fact sheet is designed to help parents and community advocates ensure that their district's policy is enforced.	Q Dang	(510) 302- 3383	qdang@changela bsolutions.org	
Access in Schools- Energy Drink I	Policies (Case Examples)					
http://changelabsolutions.org/sites/default/files/EnergyDrinkMini- CaseStudies 2012 1.pdf	National	Report describing successful policies to restrict consumption of energy and sports drinks at school with examples that include Klamath-Trinity Joint Unified School District in California, as well as other states.				
Access in Schools- Healthy School	l Fundraisers					
http://cspinet.org/new/pdf/model local pta resolution.pdf	National	Model Parent Teacher Association (PTA) Healthy School Fundraiser Resolutions.				
http://www.cspinet.org/new/pdf/healthy-school-fundraising-success-stories.pdf	National	Contains examples of schools that have successfully implemented healthy fundraisers plus fact sheets and information on healthy alternative campaigns.				
Access in Schools- Restricting Ad	vertising in Schools					
www.foodmarketing.org	National	Site has links to legislation samples, tools, educational materials around marketing in schools, community and other settings. Links to actions in support of restrictions.	Jennifer Eder, Center for Science in the Public Interest		foodmarketing@c spinet.org	
http://changelabsolutions.org/publications/fact-sheet-maine%E2%80%99s-law-banning-food-ads-schools	Maine	In 2007, the Maine Legislature passed the first state law prohibiting brand-specific advertising of certain unhealthy foods and beverages in schools. This fact sheet was developed to help Maine schools comply with the law.	Sabrina Adler	(510) 302- 3353	sadler@changela bsolutions.org	
http://changelabsolutions.org/publications/school-buses-ads	National	This fact sheet explores legal issues associated with restricting advertising on school buses, and explains how parents and public health advocates can work with policymakers to exempt ads for harmful products on school buses.	Sabrina Adler	(510) 302- 3353	sadler@changela bsolutions.org	

Links to Tools, Programs, Examples	Jurisdictions Involved	Summary of Program, Tool or Resource	Contact Person	Contact Phone	Contact email	Special Information, e.g., offers consultation and technical assistance
Healthy Beverage Procurement and	Other Policies					
http://www.californiaprojectlean.o rg/doc.asp?id=174	California	California Project LEAN offers two materials at this site- Captive Kids Marketing Toolkit and Assessment Tool		(916) 552- 9909	michelle.whitish @cdph.ca.gov	
http://changelabsolutions.org/publications/district-policy-school-foodads	School District	Sample district policy restricting food and beverage advertising on school grounds.	Sabrina Adler		sadler@changela bsolutions.org	
Access in Schools- Food Sales nea	ar Schools (Restricting)					
http://eatbettermovemore.org/SA/policies	San Francisco County; Palm Desert; Berkeley	This search enginge allows you to find specific policies. SF passed resolution restricting marketing at schools; Palm Desert passed restrictions in vending trucks located near schools; Alameda County City of Berkeley policy prohibiting fundraising sales of sodas at school.	Melanie Okamoto (Berkeley)		melanie_okamoto @berkeley.k12.ca .us	
http://changelabsolutions.org/publications/healthy-food-zone	National	Fact sheet answers common questions about National Policy & Legal Analysis Network (NPLAN) Model Healthy Food Zone Ordinance developed to help communities limit children's access to the kinds of foods most likely to contribute to childhood obesity.		(510) 302- 3370	hwooten@change labsolutions.org	

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	Jurisdictions Involved	Summary of Program, Tool or Resource	Contact Person	Contact Phone	Contact email	Special Information, e.g., offers consultation and technical assistance		
Unhealthy Beverage Consumption Reduction	on							
Taxation -Research on Impact of Tax Stra	ategies							
http://californiawatch.org/dailyreport/sod a-tax-would-boost-health-latinos-blacks- study-says-18619		Brief summary of research study on soda tax impact on Latino and Black Health by University of California San Francisco (UCSF) team that looked at the impact of soda tax on health and diabetes within specific populations, most notably African Americans and Latinos.	Tekeshe Mekonnen, MS		MekonnenT@ medsfgh.ucsf.e du			
http://www.palgrave- journals.com/jphp/journal/vaop/ncurrent/f ull/jphp201317a.html		Article on taxation impact on obesity prevention: Chriqui and Chaloupka, "A Typology of Beverage Taxation: Multiple Approaches for Obesity Prevention and Obesity-Related Prevention Revenue Generation."						
http://www.nejm.org/doi/full/10.1056/NE JMhpr0905723		Brownell KD, Farley T, Willett WC, Popkin BM, Chaloupka FJ, Thompson JW, et al. The public health and economic benefits of taxing sugar-sweetened beverages. New England Journal of Medicine 2009; 361: 1599-605.						
http://content.healthaffairs.org/content/3 1/1/199.full.html		Article on impact of SSB tax: Ang, YC, Cosxon, P, Shen, Yu-Ming et al, A Penny-Per-Ounce Tax On Sugar-Sweetened Beverages Would Cut Health And Cost Burdens Of Diabetes, Health Aff January 2012 31:1199-207. Article on the website is available for purchase.						
Taxation -Sugar Sweetened Beverage (SS	SB) Tax Overview							
http://www.kickthecan.info/soda-taxes- and-other-beverage-policies	National, state and local	Great "one stop shop" for soda tax information. Links to general beverage tax information and more.			info@kicktheca n.info			
Taxation -Obesity legislation database								
http://www.yaleruddcenter.org/legislation		Search engine goes to database on obesity legislation introduced in the US with constant status updates, including SSBs.	Roberta Friedman	(203) 432-4717	Roberta.friedm an@yale.edu			
Taxation -Revenue Calculator for Sugar S	Taxation -Revenue Calculator for Sugar Sweetened Beverage Tax							
http://www.yaleruddcenter.org/sodatax.as px	National	Interactive calculator to estimate revenue amounts specific to states and municipalities and proposed tax per ounce.						
Taxation -SSB Policies and Recommenda	tions							

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Links to Tools, Programs, Examples	Jurisdictions Involved	Summary of Program, Tool or Resource	Contact Person	Contact Phone	Contact email	Special Information, e.g., offers consultation and technical assistance	
Unhealthy Beverage Consumption Reduction	on						
http://www.yaleruddcenter.org/resources /upload/docs/what/policy/SSBtaxes/SSBTa xStatements.pdf	National	Samples and links to a variety of SSB taxes and sugar intake policy statements, endorsements and recommendations from medical and public health associations; CDC; Institute of Medicine (IOM); American Public Health Association (APHA); government associations, states and others.	Roberta Friedman	(203) 432-4717	Roberta.friedm an@yale.edu		
Taxation -Taxation Legislation Models							
http://changelabsolutions.org/publications/ssb-model-tax-legislation	National	Contains link to model SSB taxation legislation, which includes language to effectuate both the "per ounce" and "per teaspoon" taxing options.  ChangeLab Solutions also has attorneys with expertise in this area available for technical assistance.	Christine Fry	(510) 302-3302	cfry@changela bsolutions.org		
http://changelabsolutions.org/publications/CA-local-ssb-taxes	California	Takes an in depth look at some of the considerations and procedural requirements involved in local taxes on SSBs.	lan McLaughlin	(510) 302-3315	hangelabsoluti		
http://www.kickthecan.info/soda-taxes- and-other-beverage-policies	ICalifornia	Contains specific examples of local California tax initiatives, and model policies.			info@kicktheca n.info		
Taxation -Action Guides for Local Tax Ca	mpaigns						
http://changelabsolutions.org/publications /SSB-playbook	Sugar Sweetened Beverages Playbook provides 10 strategies for    SSB-playbook						
http://www.kickthecan.info/files/documents/Action%20Kit%20on%20Taxes_2013.pdf	National and State	Step-by-Step Guide to local SSB tax campaigns, including sample model legislation, press releases, letters to the editors, sample advocacy ads.			info@kicktheca n.info		
Taxation -Taxation Promotion Campaign			·				
www.yaleruddcenter.org	INational	Search for "Healthy Beverages Campaigns" on website for national list of state, county and city campaigns.					

Links to Tools, Programs, Examples	Jurisdictions Involved	Summary of Program, Tool or Resource	Contact Person	Contact Phone	Contact email	Special Information, e.g., offers consultation and technical assistance			
Mobilizing Communities- Voluntary steps for community organizations									
http://www.yaleruddcenter.org/resources/upload/docs/what/policy/SSBtaxes/SSBTaxStatements.pdf		Description of statements, endorsements and recommendations from various national and international professional organizations, including public health, medical provider, local government, elected official and voluntary agency associations.	Roberta Friedman, Director of Public Policy	(203) 432-4717	Roberta.friedman @yale.edu				
<b>Mobilizing Communities - Parent Engag</b>	ement/ Promotora	Model							
http://www.californiaprojectlean.org/doc.asp?id=169&parentid=20	California	Parent Engagement materials, including a toolkit for organizing around RYD campaigns, using a Promotora model, fact sheets and lesson plans (English and Spanish).							
Mobilizing Communities- Faith Commun	nity Mobilization								
http://centertrt.org/?p=intervention&i d=1090&section=12	National	Faithful Families for Eating Smart and Moving More Program employs a process for engaging and training faith leaders to work with congregations to improve healthy eating, including healthy beverages, using a socio-ecological model.	Option to contact via site request						
Mobilizing Communities - Food Policy C	ouncils								
http://www.goodfoodla.org/	Los Angeles area	on: 1. valuing local economies; 2. environmental sustainability; 3. healthy and safe workforce; 4. animal welfare; and 5. affordable, accessible quality nutrition. (This is a tricky link that doesn't always work; keep trying!)	Alexa Delwiche	(323) 341-5096	alexa.delwiche@g mail.com				
http://foodsecurity.org/publications/	National	Article presenting findings from evaluation of 48 Food Policy Councils, their experiences, successes and challenges. As of 8/13 the site was pending renewal or deletion.							
http://oaklandfood.org/our- work/policy-initiatives/food-access/	Oakland	Oakland Food Policy Council's Food Access Workgroup is working on ways to increase access to healthy food options for SNAP-ED recipients (thereby reducing the consumption of SSBs presumably). Not specific to SSBs.		(510) 761-5428	info@oaklandfood. org				
Mobilizing Communities- Community A	ction Campaigns to	reduce SSB consumption							
http://www.nyc.gov/html/doh/downlo ads/pdf/cdp/pouring-onthepounds- comm-action-kit.pdf	NYC	Community Action Kit based on NYC's Pouring on the Pounds Campaign; includes a kit for sugary drink free weeks at organizations and schools.							
Mobilizing Communities - Marketing to	Children								

Links to Tools, Programs, Examples	Jurisdictions Involved	Summary of Program, Tool or Resource	Contact Person	Contact Phone	Contact email	Special Information, e.g., offers consultation and technical assistance
http://www.californiaprojectlean.org/doc.asp?id=174&parentid=20#Marketing_in_Schools	Statewide	Marketing Toolkit, Marketing Assessment Tool and fact sheets for addressing the issue of marketing unhealthy foods and beverages to children and on California school campuses.				
Mobilizing Communities - Community I	eadership and Advo	cacy Training				
http://www.ccropp.org/Leadership Development.html	San Joaquin Valley, California	Central California Regional Obesity Prevention Program's nationally recognized community leadership development program, Powerful People: Building Leadership for Healthy Communities. Curriculum teaches skills and provides tools necessary to foster environmental and policy change efforts that supports healthy eating and active living.	Reyna Villabos	(559) 498-0850 or 0870	powerfulpeople@c cropp.org	
Mobilizing Communities - Youth Organ	izing					
http://youthspeaks.org/thebiggerpicture/	California	A collaboration between Youth Speaks Inc. and The University of California, San Francisco's Center for Vulnerable Populations designed to combat the rising epidemic of Type-2 Diabetes by empowering youth to change the conversation about the disease, and work to change the social and environmental factors that have led to its spread.		(415) 255-9065		
http://canfit.org/moproject/	California	CAN-FIT Mo Youth Project provides training to young people to advocate for healthier eating through media advocacy efforst around making healthy eating and physical activity changes in their community. Site contains information about workshop sessions and provides case examples of successful youth engagement		510- 644-1533 o	info@canfit.org	
http://www.californiaprojectlean.org/doc.asp?id=170&parentid=20	California	Youth Advocacy Toolkit, fact sheets and other resources for healthy beverage campaigns.		(916) 552-9907	projectlean@cdph. ca.gov	

Links to Tools, Programs, Examples	Jurisdictions Involved	Summary of Program, Tool or Resource	Contact Person	Contact Phone	Contact email	Special Information, e.g., offers consultation and technical assistance			
Health Equity-Equity and SSB									
http://www.kickthecan.info/bevera ges-and-equity-0	National	Resources include articles and videos on equity issues with SSB.	Shawna Stevens	(562) 570- 7901	shawna.stevens @longbeach.gov				
http://www.aacorn.org/uploads/file s/AACORNSSBBrief2011.pdf	National	Research Brief: Impact of Sugar-Sweetened Beverage Consumption on Black Americans' Health							
http://www.cdph.ca.gov/programs/cpns/Documents/SugarSweetenedBeverageResearchBrief.pdf	California	Education, Diet, and Environmental Factors Influence Sugar-Sweetened Beverage Consumption Among California Children, Teens, and Adults	Nutrition Education Obesity Prevention Branch	(916) 449- 5400					
http://changelabsolutions.org/publications/junk-food-minority-youth	National	The link to this book references two relevant chapters, the first is titled "Targeted Marketing of Junk Food to Ethnic Minority Youth". It summarizes the data on the targeted marketing of junk food to ethnic minority youth and the reasons such advertising may have a particularly potent effect on this group. It also examines whether federal or state laws provide a basis for challenging this type of targeted marketing, and looks at the importance and efficacy of using community engagement to address the problem. Another chapter includes: Ethical and Responsible Food and Beverage Marketing to Children and Adolescents".	Manel Kappagoda	(510) 302- 3343	mkappagoda@ch angelabsolutions. org				
Health Equity-Nutrition and African	American families				1				
http://www.cdph.ca.gov/programs/cpns/Documents/Network-FV-AA-HealthStatistics-2009-08.pdf	California	Fact Sheet describing challenges facing African American families seeking healthy eating. While not mentioning SSBs directly, the challenges described could be applied to reducing its consumption in favor of healthier options.	Ignacio Romero	(916) 449- 5435	Ignacio.Romero @cdph.ca.gov				
Health Equity-Nutrition and Latino fa	amilies								
http://www.cdph.ca.gov/programs/cpns/Documents/Network-FV-LC-CELesson.pdf	California	Fact Sheet describing challenges facing Latino families seeking healthy eating. While not mentioning SSBs directly, the challenges described could be applied to reducing its consumption in favor of healthier options.	Ignacio Romero	(916) 449- 5435	Ignacio.Romero @cdph.ca.gov				
Health Equity-Food Access and Health Equity									
http://www.policylink.org/site/apps/nlnet/content2.aspx?c=lklXLbMNJr E&b=5136581&ct=8079863		"The Grocery Gap: Who has Access to Healthy Food and Why it Matters", is a comprehensive review of studies of healthy food access and its impacts 132 studies conducted in the United States in the past 20 years. Not specific to SSBs.							
Health Equity-Equity in Access to Hea	althy Food Retailer	s		_					

L	inks to Tools, Programs, Examples	Jurisdictions Involved	Summary of Program, Tool or Resource	Contact Person	Contact Phone	Contact email	Special Information, e.g., offers consultation and technical assistance
	ttp://changelabsolutions.org/publi ations/getting-grocery	National	Change Lab Solutions publication designed to help advocates and public health agencies coordinate and leverage the tools available through local government and other organizations to bring grocery stores into low-income communities. Not specific to SSBs but strategy would likely increase access to healthy drinks.				

Links to Articles, Fact Sheets	Jurisdictions Involved	Summary of Program, Tool or Resource	Contact person	Contact Phone	Contact email	Special Information, e.g., offers consultation and technical assistance			
Research into Economic Impact of SSB Reduction Efforts									
http://bit.ly/10xRcTp	National Schools and the the Beverage Industry, produced by CSPINET, shows negligeble								
Research Linking Health to SSB Consumption -SSB	Link to Health								
http://www.kickthecan.info/files/documents/ktc _facts_health_consequences_R1_1.pdf		"Health Consequences of Drinking Soda" fact sheet.							
http://www.kickthecan.info/files/documents/SSB s%20as%20leading%20contributor 6.17.13.pdf		How Sugar-Sweetened Beverages Became a Leading Contributor to Obesity".							
http://www.champspublichealth.com/writedir/ab 33Dietary%20Sugars%20Intake%20and%20Cardio vascular%20Health.pdf		Johnson RK, Appel LJ, Brands M, Howard BV, Lefevre M, Lustig RH, et al. "Dietary sugars intake and cardiovascular health: a scientific statement from the American Heart Association". Circulation 2009; 120:1011-20.  Brownell K, Gold M, eds. Handbook of food and addiction. Oxford University Press 2012.							
http://content.healthaffairs.org/content/31/1/19 9.full.html		Link to article (available for cost) "A Penny-Per-Ounce Tax On Sugar-Sweetened Beverages Would Cut Health And Cost Burdens Of Diabetes", Health Aff January 2012 31:1199-207							
http://www.kickthecan.info/files/documents/DeB oer SSBs and weight gain in 2 to 5 year old children Pediatrics online Aug 2013.pdf		"Sugar Sweetened Beverages and Young Children" fact sheet with extensive reference list of articles.							
Research Linking Health to SSB Consumption-Poll	ing Data on Public	Perceptions							
http://www.kickthecan.info/files/documents/FieldPoll_PressRelease.pdf	California	California poll from 2012 findings that indicate majority see link between SSBs and obesity, support obesity prevention efforts, including limiting access to unhealthy beverages in pre-schools and schools, and support SSB tax if funds go to support school nutrition and physical activity programs.							
Research Linking Health to SSB Consumption -Foo	d and Beverage M	arketing to Children							
http://changelabsolutions.org/publications/digita l-food-marketing-children-adolescents	National	This report details new digital marketing tactics now being used by fast food, snack food, and soft drink companies to target children and adolescents. It includes research on the impact digital marketing has on teenagers' behavior, and the ways in which ethnic minority youth are particularly targeted.	Sabrina Adler	(510) 302-3353	sadler@changelab solutions.org				
Research Linking Health to SSB Consumption -Asset	essment								

http://www.publichealthadvocacy.org/ PDFs/still bubblingover/PolicyBrief.pdf	National	New report showing increased consumption of SSBs by adolescents, entitled "Still Bubbling Over: California Adolescents Drinking More Soda and Other Sugar-Sweetened Beverages" (Oct 2013). Shows change in consumption by California county.	Sue Babey	310-794-6961		
http://www.cdph.ca.gov/programs/cpns/Docume nts/Compendium%20of%20Surveys.pdf	Statewide	Compendium contains tools for evaluating programs working with children, teens, and adults to measure change in consumption of fruits, vegetables and other foods, physical activity, food security, and factors influencing those behaviors. Specifically, it contains a 19-item questionnaire used to assess frequency of consumption of beverages, and snacks.		1(916) 319-9/94	Elizabeth. Egelski@ cdph.ca.gov	