

California Conference of Local Health Department Nutritionists

The CCLHDN Dish



President's Message

CCLHDN Board
2013-2014

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On behalf of the CCLHDN Board, I would like to take this opportunity to wish everyone a Happy New Year! For 2014 we look forward to the Annual Membership Meeting & Leadership Forum, April 28th and 29th in San Jose. Registration is now open so take advantage of early bird rates and register now. We've held a couple of peer exchanges so far but now that we have some new local health departments on board we hope to get many more peer exchanges on the books. Make sure to take advantage of this great networking opportunity. Coming soon is a new brochure for CCLHDN to help promote who we are to partner agencies and RD internship programs. There has been a lot of discussion about the importance of the Registered Dietitian in public health and in having this conversation we've realized that as a profession we don't do a great job of marketing ourselves. We'll discuss this at the business meeting in April but welcome your feedback anytime. A great way to provide feedback or ask questions of the group is through the member forum, please take a moment now to check out our website as everything I've mentioned can be found through there and this learning collaborative is a benefit to your membership in CCLHDN. On that note, I want to thank everyone that has paid dues to this point and encourage those of you that haven't to please do so. Funding from dues helps towards all of the projects we've mentioned and will ensure we are able to continue those projects and more in the future. Plus you get a handy thank you gift to help you remember to utilize the website, so get those dues in!

Lastly, 2014 will bring about a significant change as we say goodbye to Sue Forester at CDPH. We would like to thank Sue for her long standing support of CCLHDN and for her tremendous contributions to the Network. There will be a celebration of Sue's service in January and CCLHDN is honored to be participating in that celebration. We wish Sue the very best in her next endeavors.

So with the New Year comes change, but we also hope a continued stride towards building leadership capacity in local health departments to effectively implement nutrition programs. Here's to 2014!



Upcoming CCLHDN Conference

Don't miss CCLHDN's 2014 Conference! The conference will be held April 28-29, 2014 at the historic Dolce Hayes Mansion in San Jose, California. We are excited to be bringing you some changes from our conference format of the past two years. Our 2014 conference will feature the following opportunities.

- Peer-to-peer roundtable discussions for CCLHDN members and staff to surface challenges in various public health arenas and support one another with brainstorming and dialogue
- A new, dynamic format called "Ignite Talks" where members will present updates on their programs in 5 minutes and 20 slides
- A review of current nutrition science
- Half-day, skill building sessions on day 2
- Learn about the California Wellness Plan
- And more!

Registration is now open and we are offering a special "Early Bird Rate" for registrations received by February 21st. Online registration is available at www.cclhdn.org. The Hotel is holding a **limited number of rooms at state rate**, reserve your room soon at: <https://aws.passkey.com/event/10830613/owner/20668/home>

Questions?
Contact CCLHDN Staff
at 530-759-0875 or
conference@cclhdn.org



Get Help Now!

A coalition by any other name...

Some *Network* contractors have found the deliverable known as “CNAP” to be a little overwhelming. *Is it a plan, or a partnership? Do we bring only USDA partners to the table, or can we invite others? Sure, it’s a deliverable, but can we make it truly useful to our efforts?*

CCLHDN wants you to know that help is available. CCLHDN colleagues and staff can support you with advice gleaned from experience, meeting planning and facilitation, and helping identify useful resources and tools.



Don't hesitate to contact staff for assistance with your CNAP – we're here to help! (530- 759-0875 or melody@can-act.net)

National Nutrition Month

March National Nutrition Month will be here before you know it!

This year's theme “Eat Right, Your Way, Every Day” highlights the importance of our unique lifestyles, traditions, and health concerns.

CCLHDN members have long emphasized their desire and enjoyment in sharing resources and connecting with one another. This is a great opportunity to share your ideas and planned events. To help facilitate the process, we are asking members to *post in the forum section of the CCLHDN website.*

<http://cclhdn.org/member-forums/>

We welcome your input and thank you ahead of time for your ideas!

Nori



Share Your Ideas!

CCLHDN Member Forum is Up and Running!!

- Have you used the CCLHDN Forum? The CCLHDN forum offers a convenient way to communicate with public health nutritionists statewide; ask questions, get ideas, and share successes and resources. It allows members to post questions to which any other member can respond. Topics could include curricula, nutrition education materials, and new research.
- Our aim is to maintain only content relevant to public health nutritionists. We encourage all members to subscribe for email notifications of new topics and visit the forum routinely, as the more people using the forum, the more useful it will be for all. You can visit the forum at <http://cclhdn.org/member-forums/>. (Registration is required).

Online forums are a proven way to help groups who are geographically dispersed stay connected and relay pertinent information to one another quickly and easily.



Member Spotlight: Kids at the Garden by Silvia Lopez-Navarro

On October 24, over 250 Kindergarten and First Grade Students from Cesar Chavez Elementary School in Oxnard, walked to the Camino del Sol Community Garden to learn about healthy locally grown foods. The event was sponsored by the Ventura County Public Health Department in celebration of National Food Day 2013. Children also visited the pumpkin patch and got a free pumpkin to decorate and take home!



Is Peer Exchange Piquing Your Interest?

There is still time to participate in the CCLHDN Peer Exchange program in FFY14. We have travel funds available!!! Please contact CCLHDN Staff at (530) 759-0875 or melody@can-act.net.

Share your best practices, success stories and pictures with fellow CCLHDN colleagues!

SUMMER 2014 ISSUE
Deadline:
June 15th

Send articles and pictures to Nori Grossmann at nori.grossmann@acgov.org